Exposure of Phosphatidylinositol Transfer Proteins to Sphingomyelin—Cholesterol Membranes Suggests Transient but Productive Interactions with Raft-Like, Liquid-Ordered Domains[†]

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ABSTRACT: Both isoforms of rat phosphatidylinositol transfer protein (PITP) mediate the intermembrane transfer of sphingomyelin (CerPCho). In the plasma membrane, CerPCho often segregates with cholesterol into microdomains such as lipid rafts and caveolae. To test the hypothesis that PITP exhibits a preference for CerPCho- and cholesterol-rich membranes, we prepared unilamellar vesicles containing variable amounts of these two lipids. We also used CerPCho species with different acyl composition and treated vesicles with agents known to sequester and remove cholesterol. We observed that the β isoform of rat PITP was more sensitive to membrane cholesterol than was the α isoform, as shown by increases in specific activities of lipid transfer of 2-6-fold. A relatively high membrane content of cholesterol (mole fraction > 0.4) was required to elicit such enhancements. Treatment of cholesterol-rich membranes with a series of β cyclodextrins demonstrated that, upon depletion of cholesterol from participating membranes, the PITP β activity changes were fully reversible. We finally noted that the mechanism by which cholesterol enhances the activity of PITP β appeared to involve a decreased affinity of the protein for the membrane surface, in a manner that was independent of vesicle size and membrane microviscosity. We conclude that PITP β interacts transiently but productively with the liquid-ordered phase formed by CerPCho and cholesterol and discuss the possibility of PITP interactions in vivo with sphingolipid- and cholesterol-rich membrane microdomains.

Testing the hypothesis that cytosolic proteins were required to transport cellular phospholipids from membranes in which they were synthesized to those in which they functioned (I), phospholipid transfer proteins were isolated and characterized from several mammalian tissues (2-4). Designated by the lipid for which they have the greatest preference (e.g., phosphatidylinositol (PtdIns)¹ or PtdCho, respectively), PITP and PCTP have recently emerged as two members of a protein family that share the unique START domain (5-8). To date, sequence homologies have identified nearly 40 PITP-like proteins, mostly in metazoans (9). In mammals, two soluble isoforms are commonly expressed: PITP α and PITP β share nearly 80% sequence identity but exhibit subtle differences in subcellular location (10) and substrate specificity (11, 12).

The distinguishing feature of the START domain is an amphipathic lipid-binding cavity formed between a highly curved β sheet and a number of short or long α helices (13).

This cavity effectively and completely sequesters one molecule of phospholipid from the external aqueous environment, as evidenced by X-ray crystallographic studies of the membrane-free, liganded structures of PITP and PCTP (6, 8). However, the mechanism by which the cavity opens and closes in the membrane-bound state to permit lipid exchange with the membrane remains to be elucidated. Indeed, it is this membrane-bound intermediate that is most likely essential not only to intermembrane phospholipid transport in general but to more specialized participation in signal transduction, vesicle trafficking, and cellular lipid metabolism (6, 14-17).

Cellular functions of PITPs, both documented and proposed, suggest that interactions with the plasma membrane are highly probable. We and others have recently demonstrated that both isoforms of mammalian PITP can bind and transport CerPCho, albeit at rates markedly lower than those for PtdIns and PtdCho (11, 12). Moreover, PITP β possesses a higher activity toward CerPCho than PITP α . Sphingolipids, including CerPCho and glycosphingolipids, represent a small but essential class of lipids in all eukaryotic cells (18). They are vital to cell development and differentiation, signal transduction, protein sorting, and through their physical-chemical properties, spatial organization within membranes (19). The fraction of CerPCho on the cytosolic surface of cellular membranes and potentially accessible to PITP is, however, limited (20). CerPCho is often localized with

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¹ Abbreviations: CD, cyclodextrin; Cer*P*Cho, sphingomyelin; DPH, 1,6-diphenyl-1,3,5-hexatriene; LacCer, lactosylceramide; LacPtdEtn, *N*-lactosylphosphatidylethanolamine; PCTP, phosphatidylcholine transfer protein; PITP, phosphatidylinositol transfer protein; PtdCho, phosphatidylcholine; PtdIns, phosphatidylinositol; PtdOH, phosphatidate; χ, mole fraction; 14:0-Cer*P*Cho, *N*-myristoyl-sphingomyelin; 18:1(9)-Cer*P*Cho, *N*-oleoyl-sphingomyelin.

glycosphingolipids and cholesterol in the well-characterized plasma membrane microdomains known as rafts and caveolae (21-23). CerPCho and cholesterol appear to follow a gradient of progressive enrichment along the classical secretory pathway, culminating in levels exceeding 50% or more of their total cell content in the (apical) plasma membrane (24, 25). Observations of the cosegregation of CerPCho and cholesterol in lipid mixtures and during membrane biogenesis find an explanation in the physicalchemical properties of these two lipids (26).

We have undertaken the current study to investigate in detail the ability of PITP β to transport CerPCho and to interact with small unilamellar vesicles containing this lipid as its bulk constituent. We further examine the influence of membrane cholesterol content on some of the physical properties of these vesicles and their efficiency in proteinmediated transfer of CerPCho and glycerophospholipids. We present data that show enhanced lipid transport to CerPCho vesicles that contain significant amounts of cholesterol and that this effect can be abrogated in the presence of agents that complex with cholesterol. We also demonstrate that the improved environment for protein-mediated lipid transport is independent of changes in vesicle size or membrane microviscosity. Finally, we discuss the possibility of PITP interactions in vivo with sphingolipid- and cholesterol-rich membrane microdomains.

MATERIALS AND METHODS

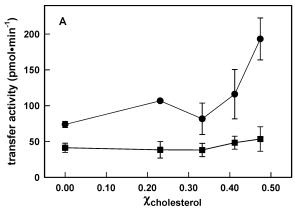
Materials. Chicken egg yolk PtdCho, 1,2-dioleoyl-PtdOH, porcine liver PtdIns, N-lactosyl-1,2-dioleoyl-PtdEtn, Noleoyl-CerPCho, porcine brain CerPCho, chicken egg yolk CerPCho, and cholesterol were purchased from Avanti Polar Lipids (Alabaster, AL). N-Myristoyl-CerPCho was a generous gift from R. E. Brown (Austin, MN). Cholesteryl oleate, dihydrocholesterol, β cyclodextrin, methyl- β cyclodextrin, filipin III, and glycogen (rabbit liver, type III) were obtained from Sigma (St. Louis, MO). 2-Hydroxypropyl- β cyclodextrin was supplied by Cyclodextrin Technologies Development (High Springs, FL). Purchased from PerkinElmer Life Sciences (Boston, MA) were [9,10-3H]oleic acid (310 Gbq mmol^{-1}), $[1^{-14}\text{C-}oleoyl]$ cholesteryl oleate (2.1 Gbq mmol $^{-1}$), [1-14C-oleoyl]1-palmitoyl-2-oleoyl-PtdCho (1.9 Gbq mmol⁻¹), [2-3H-inositol]PtdIns (407 Gbq mmol⁻¹), and from Amersham Biosciences (Piscataway, NJ), bovine brain [N-14Cmethyl]CerPCho (2.1 Gbq mmol⁻¹). Cholesteryl [9,10-³H]oleate was synthesized according to published procedures (27). All lipids were >95% pure when analyzed by thinlayer chromatography. 1,6-Diphenyl-1,3,5-hexatriene was supplied by Molecular Probes (Eugene, OR). A cDNA encoding rat PITPα was generated in our laboratory (28); another encoding rat PITP β was kindly donated by K. Hosaka (Maebashi, Japan). RCA-120 agglutinin was isolated from castor beans (Ricinus communis) according to a published protocol (29). Other chemicals were reagent-grade and the highest purity available.

Expression of Recombinant PITPα and PITPβ. The cDNAs encoding unmodified, full-length forms of rat PITPα and rat PITP β were introduced into the pET-11c vector. Following transformation of an *Escherichia coli* BL21(DE3) host in which two molecular chaperones (dnaK and groELS) were coexpressed (30), proteins were expressed in cells grown at 20 °C. Purification from cell-free lysates employed molecular sieve (Sephadex G-100, Amersham), anion exchange (Q Sepharose Fast Flow, Amersham), and hydroxylapatite (Bio-Rad HP, BioRad Laboratories, Hercules, CA) chromatography. Concentrations of recombinant rat PITPa and rat PITP β proteins were based on $\epsilon_{\rm M}$ values of 79 700 and 74 500 M^{-1} cm⁻¹ at 279 nm, respectively (31).

Intermembrane Lipid Transfer Activity. Lipid transfer activity of PITPs was determined by measuring the rate of radiolabeled phospholipid from donor to acceptor vesicles, as described (32). Small unilamellar vesicles were prepared by sonication and centrifugation or by rapid injection of ethanol/dimethyl sulfoxide (80:20, vol %) solutions. Prior to use, vesicles were passed through a polyvinylidene fluoride filter (0.45 µm pore, Millex, Millipore, Fisher Scientific, Pittsburgh, PA). In most cases, the bulk membrane lipid was egg PtdCho, liver PtdCho, or brain CerPCho; transfer substrates include [3H-oleoyl]PtdCho or [14C-choline]Cer-PCho. Donor vesicles contained 10 mol % LacPtdEtn; acceptor vesicles were prepared with a trace amount of either cholesteryl [3H]oleate or cholesteryl [14C]oleate as an internal standard in the double-isotope analysis of vesicle recovery and extent of phospholipid transfer. The buffer employed in the assays was 10 mM HEPES-Na, 50 mM NaCl, and 1 mM Na₂EDTA (pH 7.4). All vesicle amounts and concentrations reflected the phospholipid components and were based upon lipid phosphorus determination following chloroform/ methanol (50:50, vol %) extraction of suitable aliquots. The component of cholesterol, when present, was expressed as the mole fraction (χ) of the total vesicle lipid. Assays, unless otherwise specified, were performed at 37 °C for 30 min; controls were carried out in the absence of PITP. Separation of vesicle populations was achieved by agglutination and precipitation of donor membranes in the presence of R. communis agglutinin (32). Acceptor vesicle recovery was 85-95%; contamination by donor vesicles was <10%. Care was taken to ensure that assays were performed under conditions in which the rate of transfer was directly proportional to the amount of PITP present. We have long recognized that multiple transfer pathways are possible within our assay system of two distinct vesicle populations (33) but have designed our experimental conditions to monitor just one, namely, donor to acceptor. Moreover, we assume, for calculations of transfer activity, that the small amount of radiolabeled phospholipid initially present in the donor vesicle and later recovered in the acceptor vesicle reflects the bulk pool of that phospholipid. That this assumption is valid is supported by several studies that indicate rather broad flexibility in the binding and transfer by PITPs of lipid substrates with a different acyl chain composition (6, 34,

Analysis of Vesicle Size. The mean particle size and polydispersity of vesicle preparations were determined by dynamic light scattering using a DynaPro-LSR instrument (Protein Solutions, Charlottesville, VA). Vesicle preparations were diluted to a concentration of 50 μ M and centrifuged at 14 000g for 30 min immediately before measurements were taken. Regularization intensity data were obtained at 20 °C, and monomodal cumulants were analyzed to provide hydrodynamic radius values.

Fluorescence Anisotropy Measurements. Unilamellar vesicles were prepared by solvent injection, followed by brief



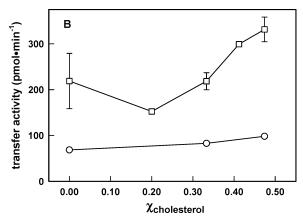


FIGURE 1: Effect of acceptor vesicle cholesterol content on phospholipid transfer. (A) Acceptor vesicles were prepared from brain CerPCho and PtdOH (98:2, mol %) and the indicated mole fraction of cholesterol. Using donor vesicles prepared from brain CerPCho, PtdOH, and LacPtdEtn (88:2:10, mol %), assays of CerPCho transfer were performed with 2 μ g of PITP α (\blacksquare) or PITP β (\bullet), with data presented as the mean \pm SD of three to six determinations. (B) Acceptor vesicles were prepared from egg PtdCho and PtdOH (98:2, mol %) and the indicated mole fraction of cholesterol. Using donor vesicles prepared from egg PtdCho, PtdOH, and LacPtdEtn (88:2:10, mol %), assays of PtdCho transfer were performed with 0.1 μ g of PITP α (\square) or PITP β (\bigcirc), with data presented as the mean \pm SD of three to six determinations.

probe sonication and centrifugation. DPH was added from a stock solution of 1 mM in N,N-dimethylformamide to achieve a lipid-to-probe ratio between 500 and 750. Vesicles (0.5 mM) were then incubated in the dark at 37 °C for 1 h to allow complete equilibration. Steady-state anisotropy measurements were made with a Pi-Star180 spectrometer (Applied Photophysics, Leatherhead, UK), equipped with an equilibrium sample handling unit, thermostated cell holder, and a 400 nm long-pass cutoff filter (Melles-Griot, Irvine, CA) in front of the emission photomultiplier tube. Excitation wavelength was set at 357 nm; slit widths were fixed at 1 nm; excitation and emission path lengths were 1.0 and 0.4 cm, respectively. A 10 mg mL⁻¹ solution of glycogen in water was used for instrument calibration. Inner filter effects were minimized by adjusting sample absorption (357 nm) values to <0.13. Correlation between DPH steady-state fluorescence anisotropy and the viscosity of fluid media has been discussed (36).

Application of Cholesterol-Binding Agents. β -CDs, synthetic cyclic oligosaccharides, and filipin III, a fungal polyene macrolide, were prepared as stock solutions in buffer and ethanol, respectively, and added to the assay mixture containing all reactants except transfer protein, unless otherwise specified. After an incubation at 37 °C for various times, PITP α or PITP β was added, and the assay continued. Appropriate controls were carried out to ensure that the levels of agent used did not interfere with vesicle recovery or spontaneous phospholipid transfer.

Binding of PITPβ to Phospholipid Vesicles. Vesicles were prepared from CerPCho and PtdOH (98:2, mol %), and when indicated, cholesterol ($\chi = 0.47$). PITPβ (20 μ g) was incubated in 300 μ L of assay buffer in the absence or presence of 0.75 mM vesicles at 37 °C for 30 min. From these mixtures, 250 μ L aliquots were analyzed by HPLC, using a TosoHaas G2000SW molecular sieve column eluted with assay buffer at a flow rate of 1 mL min⁻¹, as previously described (37). The instrumentation was a LC-6A system (Shimadzu, Columbia, MD) controlled by Class-VP software. Protein was monitored by ultraviolet absorbance at 275 nm and intrinsic Trp fluorescence, using $\lambda_{\rm ex}$ of 290 nm and $\lambda_{\rm em}$ of 340 nm.

RESULTS

Effect of Vesicle Cholesterol Content and Location on Phospholipid Transfer. We investigated the effect of cholesterol added to one or both of the membrane populations employed in phospholipid transfer assays. When CerPCho was the bulk lipid as well as the transferred lipid, we observed a dramatic increase in transfer activity for PITP β (Figure 1A) when cholesterol was included in the vesicle lipid compositions, up to $\chi = 0.47$. Under these same conditions, there was no change in the transport of CerPCho by PITPa. Opposite results were seen when PtdCho was the bulk and transferred lipid (Figure 1B): the activity of PITPα increased, whereas that of PITP β remained unchanged. As compared to donor and acceptor membranes prepared without cholesterol, the addition of cholesterol ($\chi = 0.47$) to CerPCho membranes resulted in an increase in CerPCho transfer activity of 3-fold for PITP β , and the addition of cholesterol $(\chi = 0.47)$ to PtdCho membranes resulted in an increase in PtdCho transfer activity of 1.5-fold for PITP α . Lower levels of cholesterol (χ < 0.33) had no effect on PtdCho and CerPCho transfers catalyzed by either isoform.

To determine if the location of cholesterol in the vesicle populations affected transfer rate enhancement, we prepared donors and acceptors with and without cholesterol. Using these four populations in various combinations, we found that it was the cholesterol associated with the acceptor vesicles that had the greater impact on first-order rates of protein-catalyzed transfer (Figure 2). The most favorable location was cholesterol solely in the acceptor vesicles. Similar results were obtained with PITP α (data not shown). In the remaining experiments to be described, we focused primarily on the effects of acceptor vesicle cholesterol content on phospholipid transfer mediated by PITP β . It should also be noted that no differences were observed in the current substitution of LacPtdEtn for LacCer (32) as the galactose-containing lipid essential for the agglutination and precipitation of donor vesicles during the course of transfer assays.

PITP β transfers PtdCho and PtdIns between membranes. We measured their transport from bulk PtdCho donors to acceptors prepared from either brain CerPCho or PtdCho

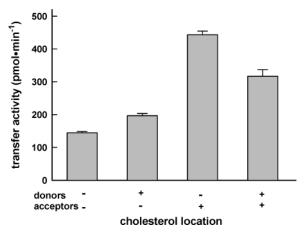


FIGURE 2: Addition of cholesterol to different vesicle populations. Donor and acceptor vesicles were prepared from brain CerPCho, PtdOH, and LacPtdEtn (88:2:10, mol %) and brain CerPCho and PtdOH (98:2, mol %), respectively. Cholesterol ($\chi = 0.47$) was added to one or both vesicle populations, as indicated. CerPCho transfer activity was measured with 4 μ g of PITP β ; bar heights represent the mean \pm SD of three determinations.

and containing no or near stoichiometric amounts of cholesterol. Complementing what we had observed earlier, lipid transfer to CerPCho vesicles was enhanced dramatically in the presence of cholesterol, with a 6-fold increase for PtdCho and 2.5-fold increase for PtdIns (Table 1). However, the transfer of PtdIns to PtdCho vesicles, like that of PtdCho to PtdCho vesicles, was insensitive to cholesterol. For the experiments in which CerPCho acceptors vesicles were used, the movement of PtdIns and PtdCho from donor vesicles represented net transfer of these glycerophospholipids (i.e., a unidirectional influx presumably balanced (though not measured directly) by an equivalent efflux of CerPCho from acceptor vesicles).

Extent of Lipid Transfer in Absence and Presence of Cholesterol. In our typical assay system, we use a mixture of vesicles such that there are 100 nmol of donors (0.25 mM) and 300 nmol of acceptors (0.75 mM). When the transferred lipid (e.g., CerPCho) is also the bulk membrane lipid at 88 or 98 mol %, these amounts and compositions generate 88 and 264 nmol, respectively, in the donor and acceptor pools. We determined the fraction of the donor pool that was available for transfer by performing CerPCho transfer assays in the presence of an excess of PITP β (Figure 3). As expected, the kinetics of transfer under these conditions were rapid; after 5 min, there was little further change in the amount of lipid transferred. Moreover, inclusion of cholesterol in the acceptor vesicles had no significant effect on the protein-dependent influx of CerPCho from donor vesicles. The extent of transfer in the early phase (20-25 nmol) was consistent with a population of essentially unilamellar donor vesicles in which the initial distribution of lipid is 23% of the total present in the assay, whose radii are 35-45 nm (Table 3) and whose outer layer contains 55-60% of the lipid (38). The increase with time in the approach to equilibrium was most likely attributable to a slow translocation of radiolabeled CerPCho from the inner to the outer layer of the donor membrane bilayer. In routine lipid transfer measurements, we attempted to maintain first-order relationships between transfer activity and protein throughout the 30 min incubation.

Influence of CerPCho Acyl Composition on Phospholipid Transfer. Vesicles were prepared from several natural and synthetic CerPCho species to determine if the acyl composition of the interfacial lipid influenced protein-mediated phospholipid transfer and the influence of cholesterol on transfer. We compared four species (brain, egg, 18:1(9), and 14:0), each of which was used in the preparation of both donor and acceptor vesicles for a given set of assays. In all experiments, however, the trace amount of radiolabeled brain Cer*P*Cho in the donor populations was derived from bovine brain. Like brain CerPCho in earlier experiments, egg CerPCho supported comparable rates of lipid transfer (Table 2). While the unsaturated 18:1(9)-CerPCho provided a much more favorable membrane surface for PITP β interaction and lipid exchange, the shorter, saturated 14:0-CerPCho was essentially inactive. Incorporation of cholesterol ($\chi = 0.47$) into acceptor vesicles moderately improved PITP β -catalyzed CerPCho transfer to brain CerPCho and 18:1(9)-CerPCho membranes. A similar level of cholesterol dramatically increased lipid transfer to 14:0-CerPCho vesicles. In sharp contrast, cholesterol reduced the quality of egg CerPCho vesicles to function as acceptors. Dihydrocholesterol, a more chemically stable analogue of cholesterol, was also able to enhance transfer activity.

Effect of CerPCho Acyl Composition and Cholesterol on Vesicle Size and Membrane Microviscosity. Concerned that the different lipid compositions used in our transfer studies could result in vesicles of different size, we studied CerPCho and PtdCho vesicles by dynamic light scattering. Data fitting, using monomodal cumulants analysis, yielded values for the hydrodynamic radius of each vesicle population (Table 3). The observed range of particle size is 35–62 nm, consistent with large unilamellar vesicles and comparable to PtdCho vesicles prepared similarly by ethanol injection (39). Inclusion of LacPtdEtn in the donor membranes resulted in somewhat smaller vesicles, while the addition of cholesterol usually promoted a modest increase in vesicle size.

To characterize further the vesicles, we obtained measurements of steady-state fluorescence anisotropy of the lipidsoluble molecule DPH. Anisotropy can, in turn, be used to approximate microviscosity (36). As compared to CerPCho vesicles containing no cholesterol, the inclusion of cholesterol ($\chi = 0.33$ or 0.47) caused a significant increase in membrane microviscosity (Table 3). This increase held for all CerPCho species examined, both natural and synthetic. Not unexpectedly, donor vesicles that contained the sn-1,2-dioleoyl species of LacPtdEtn (10 mol %) were uniformly less viscous than their acceptor vesicle counterparts.

Action of Cholesterol-Binding Agents on Protein-Mediated Phospholipid Transfer. Knowing that the addition of cholesterol to CerPCho membranes strongly affected the rates of intermembrane phospholipid transfer, we were interested to see if such changes could be reversed. Accordingly, we employed several previously characterized agents that are capable of binding and potentially extracting membraneassociated cholesterol. One class of such agents is the β -CDs, a family of $\alpha(1 \rightarrow 4)$ -linked D-glucose cyclical heptamers with a conical frustum shape and relatively hydrophobic cavity (40). Having already demonstrated a significant enhancement in CerPCho transfer activity using vesicles containing cholesterol, we employed acceptor vesicles containing cholesterol ($\chi = 0.47$) and lacking cholesterol as

Table 1: Effect of Acceptor Vesicle Cholesterol Content on Glycerophospholipid Transfer

lipid composition ^a		transfer activit	transfer activity ^b (pmol min ⁻¹)	
donor vesicles	acceptor vesicles	PtdCho	PtdIns	
PtdCho/PtdOH/LacPtdEtn	brain CerPCho/PtdOH	26.6 ± 5.7	n.d. ^c	
(88:2:10, mol %)	(98:2, mol %)			
PtdCho/PtdOH/LacPtdEtn	brain CerPCho/PtdOH	146.9 ± 3.9	n.d.	
(88:2:10, mol %)	(98:2, mol %) + cholesterol			
PtdCho/PtdIns/LacPtdEtn	brain CerPCho/PtdOH	n.d.	2.0 ± 0.2	
(85:5:10, mol %)	(98:2, mol %)			
PtdCho/PtdIns/LacPtdEtn	brain CerPCho/PtdOH	n.d.	5.1 ± 0.3	
(85:5:10, mol %)	(98:2, mol %) + cholesterol			
PtdCho/PtdIns/LacPtdEtn	PtdCho/PtdOH	n.d.	29.9 ± 1.2	
(85:5:10, mol %)	(98:2, mol %)			
PtdCho/PtdIns/LacPtdEtn	PtdCho/PtdOH	n.d.	30.6 ± 0.3	
(85:5:10, mol %)	(98:2, mol %) + cholesterol			

^a Transferable (radiolabeled) lipids are identified by boldface. Where indicated, acceptor vesicles contain cholesterol ($\chi=0.47$). ^b Transfer activity is determined at 37 °C for 30 min incubations of 0.25 mM donor vesicles, 0.75 mM acceptor vesicles, and 0.3 μ g of PITP β in a total volume of 0.4 mL. Results from triplicate incubations are calculated for transfer of PtdCho or PtdIns and presented as mean \pm SD. ^c n.d., not determined.

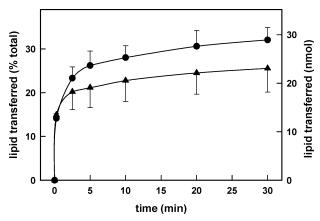


FIGURE 3: Kinetics of lipid transfer with an excess of PITP β . Donor and acceptor vesicles were prepared from brain CerPCho, PtdOH, and LacPtdEtn (88:2:10, mol %) and CerPCho and PtdOH (98:2, mol %), respectively. In the acceptor vesicle population, cholesterol was absent (\blacktriangle) or present at $\chi=0.47$ (\blacksquare). CerPCho transfer activity was measured with 20 μ g of PITP β . The amount of donor CerPCho transferred during the 30 min incubation is given as % total (left axis) or nmol (right axis). Data points reflect the mean \pm SD of three determinations.

beginning and end reference points, respectively. As the amount of CD added to the system was increased, the magnitude of cholesterol-induced enhancement declined (Figure 4). At concentrations of 1–10 mM, these agents were able to abolish all of the increased activity gained upon inclusion of cholesterol in the acceptors. Transfer activity using vesicles lacking cholesterol but exposed to 0.1 or 1 mM CD differed little from those not exposed to the cholesterol-binding agents (data not shown). However, the more hydrophobic CDs, at concentrations ≥ 3 mM, interfered with vesicle recoveries and led to artifacts of unusually high blanks and low transfer activities (Figures 4 and 5). Among the unmodified and alkylated CDs tested, the order of effectiveness was Me- β -CD > β -CD > HOPr- β -CD. Filipin, a polyene macrolide isolated from Streptomyces filipinensis, also has cholesterol sequestering properties. At a concentration of 125 μ g mL⁻¹ (0.2 mM), filipin led to a complete reversal of cholesterol-induced transfer enhancement (data not shown); however, a poor recovery of acceptor vesicles precluded its further utility in our experiments.

Specificity and Time Course of Cyclodextrin Treatment. In initial experiments, we added CDs to our complete assay system, such that their exposure to cholesterol-containing vesicles was only 30 min. We compared these conditions with a 60 min incubation in which donor vesicles were or were not present and PITP β was absent. Thereafter, missing assay components were added, and the usual incubation was conducted. In the absence of donor vesicles, the additional 60 min incubation provided no change in transfer activity for β -CD or HOPr- β -CD when used at 3 mM (Figure 5A). However, with the inclusion of donor vesicles during this 60 min incubation, a significant reversal of cholesterol enhancement was noted. Using β -CD at 3 mM in the presence of donor vesicles, a more detailed time course was examined. Beyond 60 min of exposure, there was no further decline in CerPCho transfer activity (Figure 5B), suggesting that whatever proportion of cholesterol had been sequestered in or deleted from the acceptor vesicles was sufficient to mimic conditions in which no cholesterol was present.

Binding of PITP β to Vesicles Prepared from CerPCho and Cholesterol. Molecular sieve chromatography has proven useful in monitoring the interaction of native PITP α and truncated derivatives with anionic phospholipid vesicles (37). These earlier data suggested that as the proportion of protein that bound tightly to vesicles increased, the transfer activity decreased. We, therefore, carried out a similar analysis of PITPα and PITP β to ascertain whether differences in transfer rate with cholesterol-poor and cholesterol-rich CerPCho membranes correlated with the protein's affinity for these vesicles. Unlike PITP α , chromatography of PITP β in the absence of vesicles revealed a doublet that eluted at 9-11 min (Figure 6). We currently have no explanation for the complex elution profile of behavior PITP β . In the presence of vesicles lacking cholesterol, an additional protein peak was noted at 6 min, representing protein strongly associated with the vesicles that are eluted in the column's void volume. In the presence of vesicles containing cholesterol ($\chi = 0.47$), however, the amount of protein eluting in the void volume decreased dramatically. Thus, semiquantitative integration of duplicate profiles of PITP β yields 5–16% bound to cholesterol-rich acceptor vesicles and 24-27% bound to cholesterol-poor acceptor vesicles. A similar, although less striking, trend was noted for the association of PITP β with donor vesicles. We infer from these results that PITP β exhibits a reduced affinity for CerPCho-cholesterol membranes.

Table 2: Transfer of CerPCho Using Donor and Acceptor Membranes Composed of CerPCho Species of Different N-Acyl Composition

molecular species of CerPCho		Cer <i>P</i> Cho transfer activity ^b	
donor vesicles	acceptor vesicles ^a	(pmol min ⁻¹)	
brain CerPCho/PtdOH/LacPtdEtn	brain CerPCho/PtdOH	140.1 ± 16.5	
(88:2:10, mol %)	(98:2, mol %)		
brain CerPCho/PtdOH/LacPtdEtn	brain CerPCho/PtdOH	290.8 ± 52.1	
(88:2:10, mol %)	(98:2, mol %) + cholesterol		
brain CerPCho/PtdOH/LacPtdEtn	brain CerPCho/PtdOH	256.0 ± 8.0	
(88:2:10, mol %)	(98:2, mol %) + dihydrocholesterol		
egg CerPCho/PtdOH/LacPtdEtn	egg CerPCho/PtdOH	151.6 ± 37.4	
(88:2:10, mol %)	(98:2, mol %)		
egg CerPCho/PtdOH/LacPtdEtn	egg CerPCho/PtdOH	21.3 ± 4.8	
(88:2:10, mol %)	(98:2, mol %) + cholesterol		
14:0-CerPCho/PtdOH/LacPtdEtn	14:0-CerPCho/PtdOH	0.7 ± 0.1	
(88:2:10, mol %)	(98:2, mol %)		
14:0-CerPCho/PtdOH/LacPtdEtn	14:0-CerPCho/PtdOH	15.8 ± 1.9	
(88:2:10, mol %)	(98:2, mol %) + cholesterol		
18:1(9)-CerPCho/PtdOH/LacPtdEtn	18:1(9)-CerPCho/PtdOH	283.5 ± 9.3	
(88:2:10, mol %)	(98:2, mol %)		
18:1(9)-CerPCho/PtdOH/LacPtdEtn	18:1(9)-CerPCho/PtdOH	404.9 ± 2.5	
(88:2:10, mol %)	(98:2, mol %) + cholesterol		

^a Where indicated, acceptor vesicles contain cholesterol or dihydrocholesterol (χ = 0.47). ^b Transfer activity is determined at 37 °C for 30 min incubations of 0.25 mM donor vesicles, 0.75 mM acceptor vesicles, and 4 µg of PITP\$\beta\$ in a total volume of 0.4 mL. Results are based on the transfer of CerPCho in three to nine measurements and presented as mean \pm SD.

Table 3: Effect of Vesicle Lipid Composition on Hydrodynamic Radius and Membrane Microviscosity

lipid composition			
phospholipids	cholesterol (mole fraction)	hydrodynamic radius ^a (nm)	fluorescence anisotropy ^b
brain CerPCho/PtdOH/LacPtdEtn	0	36.5 ± 3.4	0.144 ± 0.004
(88:2:10, mol %)	0.47	56.9 ± 2.8	0.186 ± 0.001
brain CerPCho/PtdOH	0	45.9 ± 3.0	0.187 ± 0.024
	0.33	52.8 ± 1.8	0.235 ± 0.003
(98:2, mol %)	0.47	52.5 ± 1.5	0.252 ± 0.005
egg CerPCho/PtdOH/LacPtdEtn	0	46.8 ± 1.6	0.108 ± 0.005
(88:2:10, mol %)	0.47	62.4 ± 3.1	0.146 ± 0.002
egg CerPCho/PtdOH	0	49.2 ± 3.8	0.135 ± 0.010
(98:2, mol %)	0.47	57.8 ± 1.9	0.250 ± 0.008
18:1(9)-CerPCho/PtdOH/LacPtdEtn	0	35.1 ± 1.2	0.070 ± 0.001
(88:2:10, mol %)	0.47	41.9 ± 1.4	0.179 ± 0.004
18:1(9)-CerPCho/PtdOH	0	47.5 ± 1.9	0.066 ± 0.002
(98:2, mol %)	0.47	51.5 ± 2.6	0.200 ± 0.001
14:0-CerPCho/PtdOH	0	49.6 ± 1.4	0.090 ± 0.006
(98:2, mol %)	0.47	52.2 ± 3.4	0.227 ± 0.011

^a Hydrodynamic radius, determined at 20 °C, is presented as mean ± SD of data collected from a minimum of 20 consecutive measurements of one to three vesicle preparations (n = 20-60). Steady-state fluorescence anisotropy of 1,6-diphenyl-1,3,5-hexatriene, measured at 37 °C, is presented as mean \pm SD of data collected from three to five measurements of one to three vesicle preparations (n = 3-13).

DISCUSSION

Remarkable among the observations presented here are those that underscore the selective nature of cholesterol's ability to influence the activity of protein-mediated intermembrane phospholipid transport. First, and foremost, the β isoform of rat PITP is more sensitive to membrane cholesterol than is the α isoform. Second, a relatively high membrane content of cholesterol ($\chi > 0.4$) is required to elicit increases in the rates of phospholipid transport. These effects are more pronounced when the bulk membrane lipid and the transported lipid are CerPCho and when the sterol is a component of the acceptor vesicle. Third, treatment of cholesterol-rich membranes with sterol-binding agents shows that PITP β activity changes are fully reversible. Finally, the mechanism by which cholesterol enhances the activity of PITP β appears to involve a decreased affinity of the protein for a liquid-ordered membrane surface, in a manner that is independent of vesicle size and membrane microviscosity.

Specific interactions between CerPCho and cholesterol, described in bilayer and monolayer systems (41, 42), lead to the formation of stoichiometric, liquid-crystalline complexes in which liquid-disordered and -ordered phases coexist. The amount of cholesterol required to form these condensed complexes is in the range of $0.1 < \chi_{cholesterol} <$ 0.8; however, at $\chi > 0.3$, the liquid-ordered phase predominates (41, 43). There is general agreement that intermolecular hydrogen bonds play a role in the formation and stabilization of CerPCho and cholesterol complexes, specifically between the 3β -OH group of the sterol and the amide group of the sphingolipid (41, 42). Indeed, recent electron spin resonance and infrared spectroscopic measurements provide direct evidence for such hydrogen bonds (44). In experiments in which we examined a range of membrane cholesterol content, we generally observed a threshold of $\chi = 0.33-0.40$ for any alteration of intermembrane lipid transport catalyzed by PITP β . This threshold was required for CerPCho transfer

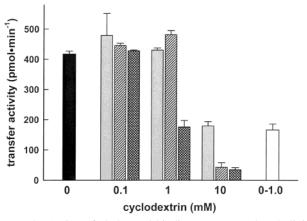


FIGURE 4: Action of cholesterol-binding agents on phospholipid transfer. Donor vesicles consisted of brain CerPCho, PtdOH, and LacPtdEtn (88:2:10, mol %); acceptor vesicles were prepared from brain CerPCho and PtdOH (98:2, mol %) and contained cholesterol ($\chi=0.47$). Prior to the addition of PITP and donor vesicles to the assay system, acceptor vesicles were incubated at 37 °C for 10 min with various CDs at the indicated concentrations: HOPr- β -CD (no pattern); β -CD (diagonal); or Me- β -CD (crosshatch). CerPCho transfer activity was measured with 4 μ g of PITP β ; bar heights represent the mean \pm SD of three determinations. Data are also presented for incubations to which no CD was added to acceptor vesicles containing cholesterol (black bar) and CD up to 1.0 mM was added to acceptor vesicles lacking cholesterol (white bar); these data were used as beginning and end reference points, respectively.

between CerPCho vesicles and PtdIns transfer from PtdCho donor vesicles to CerPCho acceptor vesicles; activities were 2—6-fold enhanced as compared to those determined at $\chi_{\text{cholesterol}} < 0.25$. For other transfer pathways, including PtdCho or PtdIns transfer between PtdCho vesicles, cholesterol-induced enhancements were no more than 1.5-fold or altogether absent. Clearly, our threshold of cholesterol for an influence on PITP-mediated lipid transport is similar to that required for the formation of liquid-ordered phases.

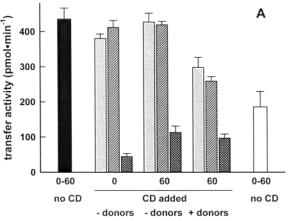
We were able to eliminate several potential factors in the differences observed for lipid transport in the absence and presence of cholesterol. One of these could have been a change in the availability of vesicle CerPCho for $PITP\beta$. In experiments employing a large excess of $PITP\beta$, we showed that there was no significant difference in either transfer kinetics or the donor—acceptor equilibrium attained (Figure 3). Another factor could have been major differences in the size of the vesicles used in our assays. We found that vesicle radii were generally in the range of 40-55 nm (Table 1), similar to those reported for synthetic PtdCho vesicles prepared by solvent injection (39), and only modestly dependent on cholesterol content. Within this spectrum of radii, we anticipate that changes in vesicle curvature would not appreciably influence PITP activity (45).

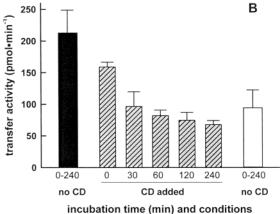
Whatever the molecular basis of cholesterol's ability to modulate the activity of PITP β , the effects were fully reversible. We took advantage of a wealth of experimental literature on the use of cyclodextrins to facilitate the efflux of cholesterol from natural and model membranes (43, 46–48). Treatment of CerPCho-cholesterol vesicles (donors or acceptors) with cyclodextrins, before their introduction into a transfer assay, gave results that were consistent with the removal of cholesterol and the behavior of the vesicles as if they contained less or no cholesterol (Figures 3–5). The

depletion of cholesterol was both time- and dose-dependent. There was also a greater decrease in transfer activity when cholesterol-rich acceptor vesicles were treated with β -CDs in the presence of donor vesicles, suggesting that cholesterol depletion of the acceptor vesicle is accompanied by import into the donor vesicle. Such a mechanism has recently been proposed for a comparable donor—acceptor vesicle system developed to investigate cholesterol partition coefficients (48). The efficiency among structurally different β cyclodextrins in our investigations was Me- β -CD > β -CD > HO-Pr- β -CD, similar to that reported in their use in mediating cholesterol efflux from cultured cells or lipid vesicles (46, 48). Consistent with our results was the observation that β -CD extracts cholesterol more rapidly from liquid-ordered surfaces than from liquid-disordered surfaces (43).

In monolayer mixtures of cholesterol and CerPCho, surface pressure and molecular area measurements defined liquid—liquid miscibility critical points (43, 49). These points have been interpreted as the coexistence, at $\chi_{\text{cholesterol}} \ge 0.40$, of a liquid-ordered phase of sphingolipid and cholesterol and a liquid cholesterol phase. As the cholesterol component increased relative to the sphingolipid, the molecular area decreased monotonically until $\chi_{cholesterol} = 0.40$, above which the area remained constant. These data described a progressive condensation of the CerPCho-cholesterol membrane into small, compact domains. The association of PITP β with similar domains in model membranes is necessarily transient, given the kinetics and molecularity of protein-catalyzed intermembrane phospholipid transport (33, 50). Further, the more productive association must presumably be with the liquid-ordered CerPCho-cholesterol phase because protein dissociation requires occupancy of the lipid-binding cavity (i.e., a holoprotein), such that equivalent bidirectional fluxes are maintained (27, 51). We propose that the increased efficiency of lipid transfer into/from liquid-ordered domains arises from a more rapid association—dissociation cycle, during which protein-membrane lipid exchange occurs. Decreased affinities of both PITP isoforms for cholesterolrich surfaces are suggested by molecular sieve separation of free and vesicle-associated protein (Figure 6). Indeed, PITP β was considerably more sensitive to membrane cholesterol. These data offer an insight into the results presented in Figure 2. Recognizing that a PITP β is capable of productive transfer paths between any two vesicles and appreciating that our assay is limited to monitoring just one of those (i.e., donor to acceptor), it is likely that the most probable path is the one in which the protein interacts strongly with the vesicle donating a lipid (donor lacking cholesterol) and interacts weakly with the vesicle ultimately accepting that lipid (acceptor containing cholesterol). We may interpret strong and weak interactions in terms of resident time of protein on the vesicle surface, during which protein- and membranebound lipids are exchanged: the more protein bound, the longer the resident time.

In the studies described in this paper, we used brain Cer*P*Cho, whose *N*-acyl species include 30% 18:0, 21% 24: 1(15), and 13% 24:0, and egg Cer*P*Cho that consists of 85% 16:0 (52–54). We also employed the synthetic molecules 14:0-Cer*P*Cho and 18:1(9)-Cer*P*Cho. Remarkably, the liquid-disordered/-ordered phase behavior and the average molecular area of binary mixtures of synthetic Cer*P*Cho and cholesterol were essentially independent of the amide-linked





incubation time (min) and conditions

FIGURE 5: Specificity and time course of cyclodextrin treatment. Donor vesicles consisted of brain CerPCho, PtdOH, and LacPtdEtn (88:2:10, mol %); acceptor vesicles were prepared from brain CerPCho and PtdOH (98:2, mol %) and contained cholesterol at $\chi = 0.47$. (A) Prior to the addition of PITP β , acceptor vesicles were incubated at 37 °C for 0 or 60 min with 3 mm CD: HOPr- β -CD (no pattern); β -CD (diagonal); or Me- β -CD (crosshatch). The absence or presence of donor vesicles during this exposure to CD is indicated. CerPCho transfer activity was measured with 4 μg of PITP β . (B) Prior to the addition of PITP, donor and acceptor vesicles were incubated at 37 °C for the indicated time with 3 mm β -CD (diagonal). CerPCho transfer activity was measured with 2 μ g of PITP β . For both sets of experiments, bar heights represent the mean \pm SD of three determinations. Data are also presented for incubations to which no CD was added; acceptor vesicles containing cholesterol (black bar) and acceptors lacking cholesterol (white bar) were used as beginning and end reference points, respectively.

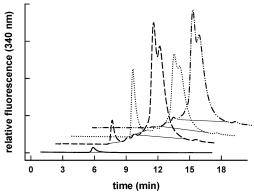


FIGURE 6: Association of PITP β with phospholipid vesicles. Vesicles were prepared from brain CerPCho and PtdOH (98:2, mol %) and where indicated cholesterol at $\chi = 0.47$. PITP β (20 μ g) was incubated in 300 μ L of assay buffer in the absence or presence of 0.75 mm vesicles at 37 °C for 30 min. From these mixtures, 250 μ L aliquots were analyzed by molecular sieve HPLC, as described in the Materials and Methods. Protein was monitored by intrinsic Trp fluorescence, using $\lambda_{\rm ex}$ of 290 nm and $\lambda_{\rm em}$ of 340 nm. Elution profiles, offset -2 min, correspond to vesicles containing cholesterol (solid line), PITP β with vesicles containing cholesterol (dashed line), PITP β with vesicles lacking cholesterol (dotted line), and PITP β alone (dashed-dotted line). Peak areas are estimated by isolation of the principal peaks (indicated by thin lines) and manual weighing.

acyl chain length for the series 14:0-26:0-CerPCho (55). Thermal phase transitions of amphipathic lipids, in general, become more muted as the content of cholesterol increases. At $\chi_{cholesterol} \geq 0.30$, there are no enthalpic changes detectable by calorimetry, nor are there significant viscosity changes monitored by steady-state fluorescence polarization (57-59). In the absence of sterol, the acyl chain-melting transition temperatures for natural and synthetic sphingomyelins fall within a surprisingly narrow range: 36-39 °C for brain and egg CerPCho; 25-30 °C for 24:1(15)-CerPCho; and 41-48 °C for the series 16:0–24:0-Cer*P*Cho (46, 58–60). From our transfer activity measurements, analyses of steady-state fluorescence anisotropy, and estimations of membrane microviscosity, we are forced to conclude that acyl chain order makes no direct contribution to differences among the various CerPCho species tested. For acceptor vesicles that contained no cholesterol, brain CerPCho was the most active; this species was, however, the most viscous. These data contrast sharply with acceptor vesicles that contain cholesterol. Although microviscosity among CerPCho species was not dissimilar, transfer rates differed widely.

From what our investigations have informed us about preferential interactions of PITP β with liquid-ordered domains of CerPCho and cholesterol in model membranes, we can now speculate on possible parallels within cells. Much evidence supports the contention that those sphingolipid- and cholesterol-rich membrane microdomains identified as rafts and caveolae are liquid-ordered in their chemical-physical properties (21, 22, 25). Indeed, hydrogen bond networks among CerPCho and cholesterol molecules and interdigitations of acyl chains within the bilayer not only stabilize liquid-ordered domains in model membranes but are largely responsible for the detergent insolubility of rafts in natural membranes. Accessibility of intracellular PITP β to CerPChoand cholesterol-rich membranes may be limited. Although CerPCho and cholesterol are predominately sorted to the plasma membrane (20, 24, 25), their topological distribution across that membrane differs. CerPCho appears to be -80%localized on the exoplasmic surface (61, 62); in contrast, cholesterol is more equally divided between the exoplasmic and the cytosolic surfaces (63). While the portion of CerPCho on the cytosolic surface of the plasma membrane is small, it nevertheless is associated with a highly cholesterol-enriched environment. Indeed, it is most likely that this microdomain pool of CerPCho participates in signal transduction and apoptosis (64, 65) and is a substrate for PITP β -mediated (intermembrane) transport.

The principal protein components of caveolar microdomains are the caveolins, palmitoylated membrane proteins that form oligomers and bind cytosolic proteins (66). The attraction of other proteins to caveolin is through the caveolin

scaffolding domain, whose target consensus-binding motifs are rich in aromatic amino acids. Mammalian PITP β , but significantly not PITP α , contains one of these motifs: FHEKAWNAY [Φ XXX Φ XX Φ , where Φ is F, W, or Y] at residues 83–91. Although this sequence is part of one of the β strands that comprises the lipid-binding cavity, the homologous residues in the tertiary structure of PITP α exhibit considerable exposure on the protein's surface (δ). It is, therefore, not unreasonable to anticipate in vivo specific interactions between PITP β and caveolins to promote localized changes in lipid metabolism and/or membrane composition.

In summary, our studies are consistent with the possibility that PITP β exhibits a preference for a liquid-ordered phase formed by CerPCho and cholesterol and that these transient surface interactions result in enhanced rates of intermembrane lipid transport. We also envisage directed associations within the cell between PITP β and membrane microdomains such as rafts and caveolae. Yet to be defined are the molecular details of the interfacial complex between PITP β and membrane. Several experimental approaches are being pursued, including site-specific mutagenesis, dynamic fluorescence and circular dichroism spectroscopy, and structural determination of membrane-associated PITP β .

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